

# This Train

F  
 This train is bound for glor - ry, this train,\_\_\_\_ This train is bound for glo - ry,  
 C7 F Bb  
 this train,\_\_\_\_ This train is bound for glo - ry, If you ride it you must be ho - ly,  
 F C7 F  
 This train is bound for glo - ry, this train.\_\_\_\_

# When the Saints Go Marching In

F  
 Oh, when the saints\_\_\_\_go march-ing in,\_\_\_\_ Oh, when the saints go march-ing  
 4 C7 F Bb F C7 F  
 in,\_\_\_\_ Oh, Lord, I want to be in that num - ber\_\_\_\_When the saints go march-ing in.

## SINGING

Enjoy singing these African-American spiritual songs. Create a movement to go with each song. Examples: “This Train”- arms move like the wheels of a train, “When the Saints”- March in place “Swing Low”- Sway back and forth (Music for “Swing Low” can be found with “All Night, All Day”). Sing each song with movement singing one right after the other. Partner songs can be sung together all that same time to create harmony. After the students know each song well, try dividing the class into thirds and assign one song to each group or assign a different order for each group to sing the songs in. Before you put them together, discuss that two of the songs have a pick-up beat and practice how each will come in.

## PLAYING

The songs are 3 chord songs. Each song has the same chord structure so when you learn one you can sing them all. Try reading the chords by assigning a motion to each chord. For example: snap on the *I* chord, Clap on the *V* chord, and stomp on the *IV* chord. Sing through moving to the chord changes. Practice the fingering for the chords on the autoharp or ukulele. The root of each chord can be played on a barred instrument or keyboard. Practice with a steady beat strum. A tambourine might add some additional gospel flare.

## CREATING

Learn to play the melody “When the Saints Go Marching In” on the recorders or other melodic instrument.

Create a theme and variation form by playing or singing this song in various style.

Theme: Play or sing the song to present the theme.

Variation 1: Tap shoe style playing staccato and adding some rhythm sticks on dotted eighth note patterns during the long note “Saints”

Variation 2: Gospel style with piano and tambourine

Variation 3: Band Version with Drums and Cymbals

## LISTENING

Listen to a variety of African-American styles born out of spirituals such as Gospel, Blues, and Soul. Discuss how many of the styles expressed the human condition their race at that time. Discuss how African-American music has influence the styles of music today.

## CURRICULUM INTEGRATION ( Social Studies)

Introduce during February which is Black History Month. . Discuss that the songs have an underlying meaning. Such as the train or chariot referring to the underground railroad, heaven – freedom from the oppression of slavery.